

Cycling for All around Audlem



AUDLEM AND DISTRICT ACTING POSITIVELY FOR TRANSITION

Route Description

Route L3 – AMICA 5 Churches (29 miles - moderate)

A group of 5 picturesque rural churches in north Shropshire operate together under a benefice arrangement sharing a rector and administrative functions. This network is known as 'AMICA', this being an acronym comprised of the initials of the villages served: Adderley, Moreton Say, Ightfield, Calverhall and Ash. Clive of India was born in Styche Hall, which can be viewed across fields from the route and buried in St Margaret's, the parish church of Morton Say.

A tour of these villages provides views of all 5 AMICA churches in a largely circular route through an idyllic landscape.

Just beyond Ash Magna to the north West is the nature reserve of Melverley Meadows, operated by Shropshire Wildlife Trust, which displays a flower rich hay meadow from April to July.

Bird watchers will enjoy stopping to view the pools at Lodmore Lane, (north of Ightfield) and Tittenley Pool, (south of Wilkesley), both of which are adjacent to the lanes on this route.

Between Audlem and Adderley, you have the option of travelling:

- Route L3 (31.6miles- easy) -on the on-road route, via a short section of the A525 to back lanes via Coxbank, Wilkesley and the edge of Shavington Park, before turning left towards Adderley, whose church is on the busy A529. A short section must be retraced to return to the circular route.
- Route L3* (25.9 miles-moderate) - via the towpath to Hawkesmoor Bridge (No 72), Adderley
 - This provides a convenient circular route, but the towpath can be muddy and slippery after rain. Not recommended in wet or icy winter conditions.
 - Towpath access at the Audlem end is flat, but at Hawkesmoor Bridge, Adderley (No 72), a short steep slope is involved where cyclists should dismount
 - The towpath between Audlem Wharf and Bridge 76 can be busy with walkers at weekends. Please be courteous and follow the towpath code.

On both options:

- Care must be taken on the short main road sections of the A525, east of Audlem and the A529 by Adderley Church and the A525 crossing at School Lane.
- The crossing of the main A529 road at Coxbank has limited line of sight and requires great care.

Places of Interest:

- Melverley Meadows Nature Reserve

Refreshments:

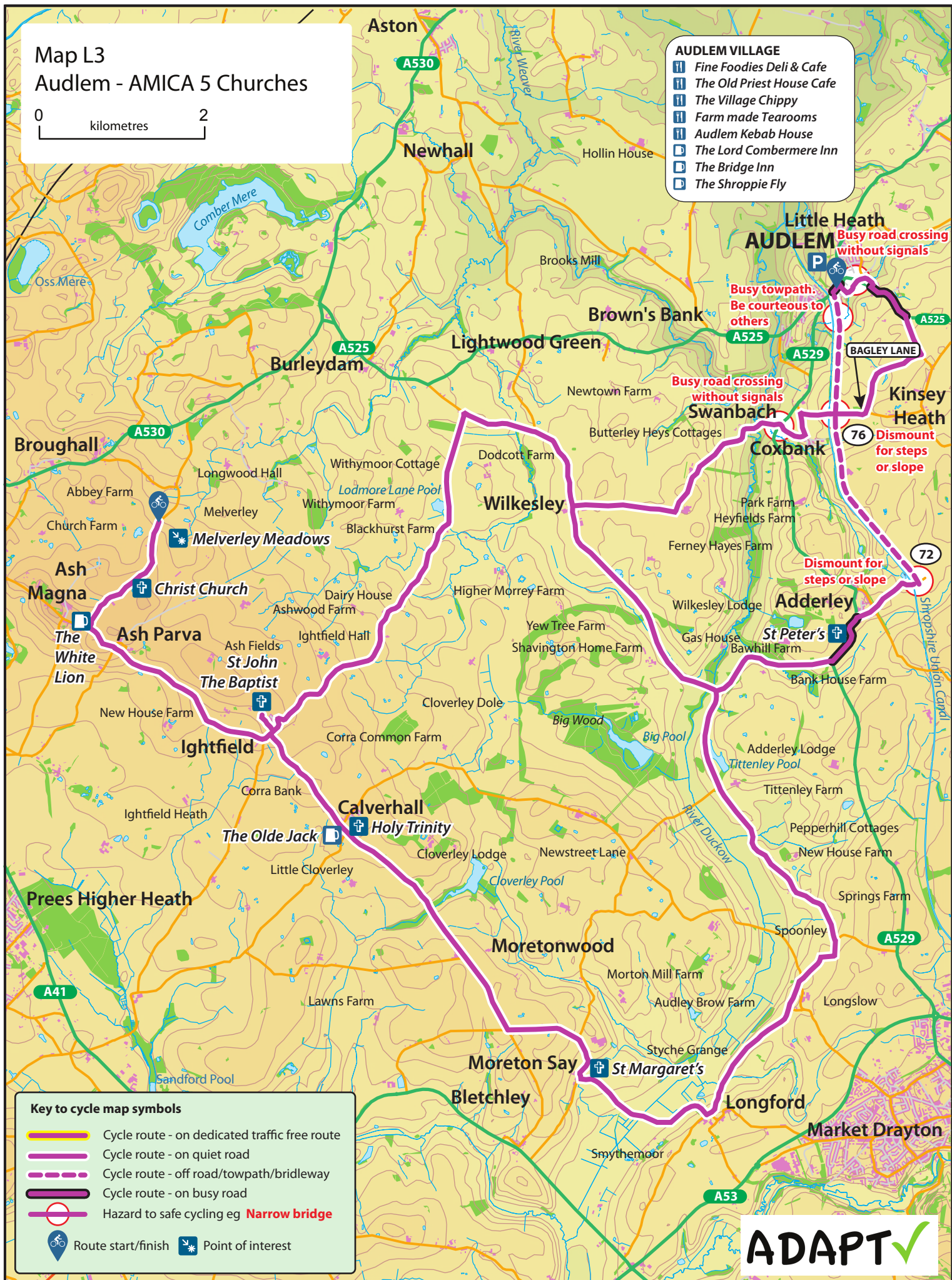
- The Olde Jack, Calverhall
- The White Lion, Ash Magna

Map L3 Audlem - AMICA 5 Churches

0 2
kilometres

AUDLEM VILLAGE

- Fine Foodies Deli & Cafe
- The Old Priest House Cafe
- The Village Chippy
- Farm made Tearooms
- Audlem Kebab House
- The Lord Combermere Inn
- The Bridge Inn
- The Shroppie Fly



ADAPT



Cycling for All around Audlem



AUDLEM AND DISTRICT ACTING POSITIVELY FOR TRANSITION

Cycling Code of Conduct

- ☐ Cycle with care
- ☐ Always follow the Highway Code
- ☐ Be considerate to other users and give way to pedestrians and horse riders
- ☐ Take particular care at junctions, when cycling downhill and on loose or uneven surfaces
- ☐ Ride in single file on narrow or busy roads
- ☐ Consider wearing a helmet and high visibility clothing
- ☐ Check your cycle is fully roadworthy before setting out
- ☐ Fit a bell and use it – don't surprise people
- ☐ By law, you need to use front & rear lights and a red rear reflector & pedal reflectors at night.

Towpaths and Bridleways

- ☐ Be aware that our routes include canal towpaths with low bridges and uneven brick surfaces under bridges, and line of sight is often poor. Some bridges at locks have steep slopes on their approach. Take particular care at all bridges and consider dismounting if not confident about the conditions.
- ☐ Ground conditions on towpaths and bridleways can be poor after rain. Make sure your cycle is suitable for the conditions. Towpaths and bridleways are not recommended in wet or icy winter conditions.
- ☐ On canal towpaths always follow the 'Towpath Code'
- ☐ Horse riders have right of way on bridleways.

Canal and River Trust 'Towpath Code'

- 1. Share the space** – towpaths are popular places to be enjoyed by everyone. Please be mindful of others, keep dogs under control, and clean up after them.
- 2. Drop your pace** – pedestrians have priority on our towpaths so cyclists need to be ready to slow down; if you're in a hurry, consider using an alternative route for your journey.
- 3. It's a special place** – our waterways are living history, with boats, working locks and low bridges so please give way to waterway users and be extra careful where visibility is limited.

About ADAPT

ADAPT is a local community group in the Audlem area committed to finding ways to enjoy living well today while safeguarding the future.

We do this by:

- Growing our own food and selling surplus on our seasonal Saturday stall in Audlem
- Exploring and promoting energy efficiency and alternative sources of energy
- Promoting public transport and cycling
- Supporting our home-produced food ventures
- Developing woodland management skills

The name 'ADAPT' stands for Audlem & District Acting Positively for Transition.

Find us on Audlem Online - <http://adapt.audlem.org>

ADAPT's cycle rides

Why not join one of ADAPT's regular cycle rides, which normally follow the routes in this leaflet. You'll receive a warm welcome and travel at a modest pace suitable for all. All ages are welcome, but children under 18 should be accompanied by an adult. Check out the Audlem Online link below for details of our programme.

<http://adapt.audlem.org/maps/cycleprog.html>

Details will also be posted on Facebook.com/AudlemCW3/

Users of all routes shown on this guide do so entirely at their own risk. Whilst every care has been taken in the production of this guide, ADAPT cannot guarantee the accuracy of the information herein and accepts no responsibility for any error or omission. ADAPT shall not be liable for any death, personal injury or damage to property arising from the use of any of the routes indicated in this guide. The representation of a track or path is no evidence of a right of way. It should be noted that off road sections of routes will not be passable by bikes after or during unfavourable weather conditions. ADAPT does not accept responsibility for the actions of any traders mentioned in this guide.

This guide has been prepared with support from Cheshire East Council's Participatory Budgeting Programme 2017 aimed at improving Public Health.