Cycling for All around Audlem



AUDLEM AND DISTRICT ACTING POSITIVELY FOR TRANSITION

Route Description

Route L14 – Bearstone & Woore Fruit Farms (17 miles-moderate)

Enjoy a summer fruit picking cycle ride with two local fruit farms along the way, Bearstone Fruit Farm and Woore Fruit Farm. The latter has a cafe and an innovative concrete free eco-house built with straw.

It is recommended that opening hours and produce available are checked before setting out.

The route leaves Audlem eastwards, but soon turns south to Norton in Hales, where it then strikes off to the north-east along back lanes passing Bearstone Fruit Farm before crossing the A51 London Road at Ireland's Cross and approaching Woore Fruit Farm by turning east for a few meters on the A525.

Once past the short section of A525 leaving Audlem, this route is largely on back roads and lanes and travels through the pretty village of Norton in Hales.

There is a fairly lengthy climb of moderate gradient to the north of Norton in Hales. However, it's worth the effort as the views from the summit can be stunning. The remainder of the route is fairly flat.

- The road crossing of the A525 at the end of School Lane requires care, as does the short section of A525 leaving Audlem.
- Care should be taken crossing the busy A51 and on the final approach to Woore Fruit Farm on the A525.

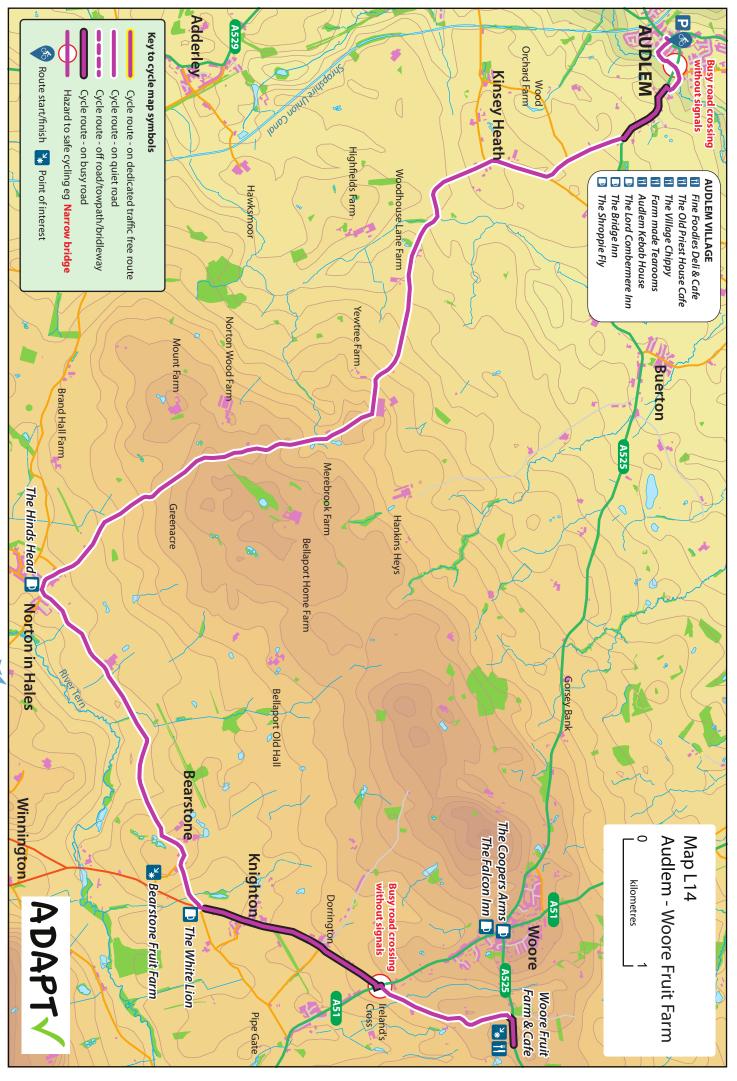
Places of interest:

- Bearstone Fruit Farm
- Woore Fruit Farm

Refreshments:

- The Hinds Head, Norton in Hales
- Coopers Arms in Woore
- Woore Fruit Farm Cafe

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Cycling Code of Conduct

Ä Cycle with care

Ä Always follow the Highway Code

Ä Be considerate to other users and give way to pedestrians and horse riders

Ä Take particular care at junctions, when cycling downhill and on loose or uneven surfaces

- Ä Ride in single file on narrow or busy roads
- Ä Consider wearing a helmet and high visibility clothing

Ä Check your cycle is fully roadworthy before setting out

Ä Fit a bell and use it – don't surprise people

 $\ddot{\mathsf{A}}\;$ By law, you need to use front & rear lights and a red rear reflector & pedal reflectors at night.

Users of all routes shown on this guide do so entirely at their own risk. Whilst every care has been taken in the production of this guide, ADAPT cannot guarantee the accuracy of the information herein and accepts no responsibility for any error or omission. ADAPT shall not be liable for any death, personal injury or damage to property arising from the use of any of the routes indicated in this guide. The representation of a track or path is no evidence of a right of way. It should be noted that off road sections of routes will not be passable by bikes after or during unfavourable weather conditions. ADAPT does not accept responsibility for the actions of any traders mentioned in this guide.

This guide has been prepared with support from Cheshire East Council's Participatory Budgeting Programme 2017 aimed at improving Public Health.

About ADAPT

ADAPT is a local community group in the Audlem area committed to finding ways to enjoy living well today while safeguarding the future.

We do this by:

- Growing our own food and selling surplus on our seasonal Saturday stall in Audlem

- Exploring and promoting energy efficiency and alternative sources of energy
- Promoting public transport and cycling
- Supporting our home-produced food ventures

- Developing woodland management skills

The name 'ADAPT' stands for Audlem & District Acting Positively for Transition. Find us on Audlem Online - <u>http://adapt.audlem.org</u>

ADAPT's cycle rides

Why not join one of ADAPT's regular cycle rides, which normally follow the routes in this leaflet. You'll receive a warm welcome and travel at a modest pace suitable for all. All ages are welcome, but children under 18 should be accompanied by an adult. Check out the Audlem Online link below for details of our programme.

http://adapt.audlem.org/maps/cycleprog.html Details will also be posted on Facebook.com/AudlemCW3/